

I know growing up in Brooklyn, all we had where I grew up was like you know the supermarket was just really dumpy, the lights were falling down and the food was all expired.

You know we grew up with the chicken spots, and the pizza places, and the hot dog stands, and the liquor stores and all that. So I do like the fact that certain things are being brought into these neighborhoods but I really think that it's important for us to focus on being the people that are bringing those things into the neighborhoods.

I'm Angela Yee, and most people know me as one of the hosts on "The Breakfast Club," but I also opened up Juices for Life, which is a juice bar in Brooklyn and I did that a year and a half ago. Opening this juice bar, even if it didn't make any money, was kind of like me giving back. Instead of me taking money and just donating it, it was actually opening a brick and mortar, something that I could see the results.

I saw Styles P and Jadakiss open their juice bar, I saw them talking about it, and I was like you know what instead of me trying to do something like this on my own I would love to partner up with somebody that already has an existing business and can help me out.

We got a liquor store on every corner, every corner. But you know what though? You got kids with asthma, you got kids with stomach problems, you got kids with this and that. You know. Juice for Life? Oh man. We need this so bad. We need a turnaround.

I've had people come in and tell me, you know my whole life I've never had vegetables and I've never tried this, and this is great for me. Like I feel so much better. I've had people who have lost weight. One man lost 30 pounds you know in the first few months that we opened. Because he was coming in every single day and getting a juice. And he was getting a juice for another woman who lives in his building who has cancer, and he was like it's what she looks forward to every day is him bringing her a juice.

Even if the juice bar, we end up just breaking even or not making any money it's more important to me that people can say, "Oh my God, your juice bar changed my life."